



ABOUT ME

I'm an energetic and enthusiastic person who is passionate about learning & development (talent management, training, coaching, career development, facilitation and leadership inspiration).

My goal is to work as a coach, consultant, mentor, facilitator, etc. in a project that deals with people's mental health and well-being.

PROFESSIONAL SKILLS

- Training. Coaching. Facilitation. Organizational development. NLP
- Structure and ability to work in multitasking mode
- Sales skills
- Excellent written and verbal communication skills in Ukrainian, Russian and English
- Extensive experience in Power Point, Excel and other basic Microsoft Office products

OTHER SKILLS

- Attention to details
- Responsibility
- A friendly demeanour and ability to recognise human potential
- Category B driving licence. More than 15 years driving experience

LANGUAGES

Ukrainian (native),
Russian (native),
English (upper intermediate),
German (pre-intermediate)

INTERESTS

- Sports (swimming, yoga, dancing)
- Intellectual games, reading (business & psychological literature)

OTHER INFORMATION

- I have an 11- year-old daughter
- References available upon request

CONTACTS

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OLHA POMA

BUSINESS COACH

WORK EXPERIENCE

BSH Hausgeräte GmbH (Germany) – Product Trainer

May 2022 — present

- Working as a trainer in Europe (training trainers from more than 30 countries) – delivering product knowledge and coaching country trainers
- Conception and implementation of online basic training courses
- Trade fairs in Berlin: presenting the latest product developments to an international audience

B/S/H/ Pobutova Tekhnika (Ukraine) - Trainer

March 2019 — April 2022

- Adaptation and creation of materials for training sales persons
- Organization of events and maintenance of the necessary document flow
- Carrying out actions (training on B/S/H/ products – home appliances).

Mary Kay (Ukraine) – Business Trainer

September 2016 — March 2019

- Development and implementation of training on sales and service
- Creation of methodical programmes for business employees
- Building business partnerships and providing strong consultation for team leaders and sales directors
- Organization and conduction of webinars, conference calls and, e-learning

Private practice (Ukraine) – Personal coach, trainer, event organizer

July 2013 — December 2016

- Private practice for individual coaching
- Development and conducting training courses — more than 7,000 hours of training practice for different target groups. Subjects of the training courses: time management, personal effectiveness and planning, emotional intelligence, effective communication and women's leadership
- Development and maintenance of desktop psychological games for adults

EDUCATION

Master's degree in psychology

September 2015 — February 2018

Ukrainian-Azerbaijani Institute of Social Sciences and Self-Government, Kyiv, Ukraine

Master's degree in commodity studies and commercial activities

September 2003 — June 2008

Chernihiv State Technological University, Chernihiv, Ukraine

FURTHER EDUCATION

Certified NLP practitioner — NLP course from Vsevolod Zelenin, 2024

Certified facilitator — Facilitator courses from Natalia Karpova, 2017

Certified coach (ECF) - Integral Coaching School "Zhyvloe Delo", 2015

Public activist - Center for Humanistic Technologies AHALAR, 2014—2016